



Head of Federation
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Rackenfurd C of E (VA) Primary School
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Wednesday 17th June 2020

Dear Parent/Carer

Symptoms of Covid-19

I hope you and your family are all keeping well and managing with the cooler, unsettled weather we have currently!

With the ongoing public health situation, I wanted to ensure that all members of our school community are clear about the symptoms for Covid-19 and understand what to do if anyone in the household shows symptoms of the virus.

Current key symptoms of Covid-19:

A new continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A fever/temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

Loss or change in taste or smell - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you develop one or more of these symptoms you need to self-isolate for 8 days and the rest of the household need to self-isolate for 14 days. **You will need to take a test.** Please let us know if your child or anyone in your household has developed any symptoms and are self-isolating. Please also let us know the results of the test and you will be asked to show us the email you receive.

Additional symptoms to be vigilant for in children:

We have also been advised that you should contact NHS 111 if your child has any of the following symptoms as it could be linked to Kawasaki disease:

- A fever that won't go away
- Abdominal pain, diarrhoea or vomiting
- Rash or changes in skin colour
- Trouble breathing





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- The child seems confused or overly sleepy

Public Health England have advised that if your child has sickness and or diarrhoea then the normal 48 hours rules apply. However, if they also have a fever then you all need to self-isolate and get tested for the virus. As these are symptoms mentioned above please contact 111.

If your child is expected in school and they are not attending school, please contact the office by 8.45am. We will ask why they are not coming to school as it is important that we have clear records and can then advise you what to do.

We have spoken to the children about letting staff know if they don't feel well so we can take the appropriate course of action.

Please can we remind you that only one parent should be on the school run and, where possible, other siblings should remain at home. This limits the risk of the infection within our school community and the wider community.

Please remember the government's message:

Stay alert, control the virus, save lives

Kind regards

Sarah Maude
Head of School

